

VfR Trainingsplan Saison 2021/2022

Montag

	Feld 1	Feld 2	Feld 3	Feld 4					Wiese	Wiese
16.30 - 16.45	U12	U12	U12	U12	F2	F2	E2	E2		
16.45 - 17.00	U12	U12	U12	U12	F2	F2	E2	E2		
17.00 - 17.15	U12	U12	U12	U12	F2	F2	E2	E2		
17.15 - 17.30	U12	U12	U12	U12	F2	F2	E2	E2		
17.30 - 17.45	U12	U12	U12	U12	F2	F2	E2	E2		
17.45 - 18.00	U12	U12	U12	U12	F2	F2	E2	E2		
18.00 - 18.15	U16	U16	U16	U16	U15	U15	U15	U15	U14	U14
18.15 - 18.30	U16	U16	U16	U16	U15	U15	U15	U15	U14	U14
18.30 - 18.45	U16	U16	U16	U16	U15	U15	U15	U15	U14	U14
18.45 - 19.00	U16	U16	U16	U16	U15	U15	U15	U15	U14	U14
19.00 - 19.15	U16	U16	U16	U16	U15	U15	U15	U15	U14	U14
19.15 - 19.30	U16	U16	U16	U16	U15	U15	U15	U15	U14	U14
19.30 - 19.45	U19	U19	U19	U19	U17	U17	U17	U17		
19.45 - 20.00	U19	U19	U19	U19	U17	U17	U17	U17		
20.00 - 20.15	U19	U19	U19	U19	U17	U17	U17	U17		
20.15 - 20.30	U19	U19	U19	U19	U17	U17	U17	U17		
20.30 - 20.45	U19	U19	U19	U19	U17	U17	U17	U17		
20.45 - 21.00	U19	U19	U19	U19	U17	U17	U17	U17		

VfR Trainingsplan Saison 2021/2022

Dienstag

	Feld 1	Feld 2	Feld 3	Feld 4				
16.30 16.45	U13	U13	U13	U13	E1	E1	D3	D3
16.45 17.00	U13	U13	U13	U13	E1	E1	D3	D3
17.00 17.15	U13	U13	U13	U13	E1	E1	D3	D3
17.15 17.30	U13	U13	U13	U13	E1	E1	D3	D3
17.30 17.45	U13	U13	U13	U13	E1	E1	D3	D3
17.45 18.00	U13	U13	U13	U13	E1	E1	D3	D3
18.00 18.15	U14	U14	U14	U14	U15	U15	U15	U15
18.15 18.30	U14	U14	U14	U14	U15	U15	U15	U15
18.30 18.45	U14	U14	U14	U14	U15	U15	U15	U15
18.45 19.00	U14	U14	U14	U14	U15	U15	U15	U15
19.00 19.15	U14	U14	U14	U14	U15	U15	U15	U15
19.15 19.30	U14	U14	U14	U14	U15	U15	U15	U15
19.30 19.45	1.Manns.	1.Manns.	1.Manns.	1.Manns.	2.Manns.	2.Manns.	2.Manns.	2.Manns.
19.45 20.00	1.Manns.	1.Manns.	1.Manns.	1.Manns.	2.Manns.	2.Manns.	2.Manns.	2.Manns.
20.00 20.15	1.Manns.	1.Manns.	1.Manns.	1.Manns.	2.Manns.	2.Manns.	2.Manns.	2.Manns.
20.15 20.30	1.Manns.	1.Manns.	1.Manns.	1.Manns.	2.Manns.	2.Manns.	2.Manns.	2.Manns.
20.30 20.45	1.Manns.	1.Manns.	1.Manns.	1.Manns.	2.Manns.	2.Manns.	2.Manns.	2.Manns.
20.45 21.00	1.Manns.	1.Manns.	1.Manns.	1.Manns.	2.Manns.	2.Manns.	2.Manns.	2.Manns.

VfR Trainingsplan Saison 2021/2022

Mittwoch

		Feld 1	Feld 2	Feld 3	Feld 4				
16.30	16.45	U12	U12	U12	U12	Minikicker	Minikicker	F1	F1
16.45	17.00	U12	U12	U12	U12	Minikicker	Minikicker	F1	F1
17.00	17.15	U12	U12	U12	U12	Minikicker	Minikicker	F1	F1
17.15	17.30	U12	U12	U12	U12	Minikicker	Minikicker	F1	F1
17.30	17.45	U12	U12	U12	U12	Minikicker	Minikicker	F1	F1
17.45	18.00	U12	U12	U12	U12	Minikicker	Minikicker	F1	F1
18.00	18.15	U16	U16	U16	U16	U13	U13	U13	U13
18.15	18.30	U16	U16	U16	U16	U13	U13	U13	U13
18.30	18.45	U16	U16	U16	U16	U13	U13	U13	U13
18.45	19.00	U16	U16	U16	U16	U13	U13	U13	U13
19.00	19.15	U16	U16	U16	U16	U13	U13	U13	U13
19.15	19.30	U16	U16	U16	U16	U13	U13	U13	U13
19.30	19.45	U19	U19	U19	U19	U17	U17	U17	U17
19.45	20.00	U19	U19	U19	U19	U17	U17	U17	U17
20.00	20.15	U19	U19	U19	U19	U17	U17	U17	U17
20.15	20.30	U19	U19	U19	U19	U17	U17	U17	U17
20.30	20.45	U19	U19	U19	U19	U17	U17	U17	U17
20.45	21.00	U19	U19	U19	U19	U17	U17	U17	U17

VfR Trainingsplan Saison 2021/2022

Donnerstag

		Feld 1	Feld 2	Feld 3	Feld 4				
16.30	16.45	D3	D3	D3	D3	E1	E1	E2	E2
16.45	17.00	D3	D3	D3	D3	E1	E1	E2	E2
17.00	17.15	D3	D3	D3	D3	E1	E1	E2	E2
17.15	17.30	D3	D3	D3	D3	E1	E1	E2	E2
17.30	17.45	D3	D3	D3	D3	E1	E1	E2	E2
17.45	18.00	D3	D3	D3	D3	E1	E1	E2	E2
18.00	18.15	U14	U14	U14	U14	U15	U15	U15	U15
18.15	18.30	U14	U14	U14	U14	U15	U15	U15	U15
18.30	18.45	U14	U14	U14	U14	U15	U15	U15	U15
18.45	19.00	U14	U14	U14	U14	U15	U15	U15	U15
19.00	19.15	U14	U14	U14	U14	U15	U15	U15	U15
19.15	19.30	U14	U14	U14	U14	U15	U15	U15	U15
19.30	19.45	1.Manns.	1.Manns.	1.Manns.	1.Manns.	2.Manns.	2.Manns.	2.Manns.	2.Manns.
19.45	20.00	1.Manns.	1.Manns.	1.Manns.	1.Manns.	2.Manns.	2.Manns.	2.Manns.	2.Manns.
20.00	20.15	1.Manns.	1.Manns.	1.Manns.	1.Manns.	2.Manns.	2.Manns.	2.Manns.	2.Manns.
20.15	20.30	1.Manns.	1.Manns.	1.Manns.	1.Manns.	2.Manns.	2.Manns.	2.Manns.	2.Manns.
20.30	20.45	1.Manns.	1.Manns.	1.Manns.	1.Manns.	2.Manns.	2.Manns.	2.Manns.	2.Manns.
20.45	21.00	1.Manns.	1.Manns.	1.Manns.	1.Manns.	2.Manns.	2.Manns.	2.Manns.	2.Manns.

